

## Overview

After crossing the Lea the route uses converted railway lines to pass through Harpenden to Redbourn. Cross the M1 before a stretch of pretty countryside to the village of Flamstead.

FOOD AND DRINK: Peter's Green: Bright Star Pub. Many options in Harpenden, Redbourn, Flamstead: Harvester, Three Blackbirds, Spotted Dog

Visit [Chiltern Way](#) for information and news. You can view a detailed map of this stage on [OS Maps](#) and follow it on the app. The full stage description is [11 - Peters Gn to Hemel Hempstead](#) – click to download.

For more detailed information on this stage and on the Chiltern Way we recommend the "Chiltern Way and Chiltern Way Extensions" book by Nick Moon due to be published later this year.

## Route Description

### 2: Upper Lea Valley cycleway

**Coordinates:** OSGB TL12811712 LatLon 51.8413,-.3639

Take the cycleway left off the road. Here you are leaving the original route of the Chiltern Way. When you come to a road (Westfield Rd.) cross straight over and continue on the cycleway. After a further 450m, look out for steps to the right just before the cycleway crosses a bridge over a road.

### 3: Ox Lane

**Coordinates:** OSGB TL14121548 LatLon 51.8263,-.3453

Go down the steps and head uphill along Ox Lane. At the top of the hill you meet Westfield Rd. at a mini-roundabout. Cross this road and a triangle of grass bearing a little left onto a road-bridge across the mainline railway. Cross the railway.

### 4: Nickey Line

**Coordinates:** OSGB TL13391517 LatLon 51.8237,-.3561

Immediately after the bridge turn right onto the Nickey line cycleway which starts by descending a long flight of steps. You stay on the Nickey Line for the next 4Km, initially in a cutting, then between houses before emerging in more open countryside with views over the Ver valley. After a wooded section you descend towards the B487 Redbourn Lane.

### 5: Redbourn Lane

**Coordinates:** OSGB TL11311278 LatLon 51.8026,-.3870

Descend a short flight of steps, turn right then cross the road to the left near the roundabout, using the traffic island. Cross right over the A-road to rejoin the Nickey Line and follow it to your left. After 400m you cross an access road and shortly after meet a footpath to the right signposted for Redbourn High Street. Take this footpath: it climbs steps, then descends to a winding lane, which becomes a road after a ford. Continue to the High Street, cross and walk a little to the right.

## 6: High Street

**Coordinates:** OSGB TL10781225 LatLon 51.7980,-.3949

Turn left down a narrow alley between brick walls. After 100m or so you emerge at the edge of Redbourn Common. Continue straight ahead, cross a road and take the path down a long avenue of trees. Continue down the avenue across a second road. You pass the cricketers pub on your left and the cricket pitch and pavilion on your right before reaching a third road.

## 7: West Common

**Coordinates:** OSGB TL10191174 LatLon 51.7935,-.4036

Turn right on West Common. Follow this road across the common and at the edge keep straight ahead into Flamsteadbury Lane. Follow the lane round to the left past Stephens Way. Almost immediately, take a footpath to the right, passing to the right of a play-area. Continue along the right-hand edge of the field, pass through some trees. When you emerge continue with garden fences to the right and the M1 over a field to your left. Keep straight on to a gate below the embankment to a bridge over the motorway. Turn right through the gate to the road.

## 8: M1 Crossing

**Coordinates:** OSGB TL09551285 LatLon 51.8036,-.4125

Turn sharp left on the road and cross the motorway. Follow the road to Nicholl's farm and through the buildings. The road becomes a grassy track after the last houses. Initially the track runs to the left of a hedge. Keep straight on across fields when the hedge ends. When you meet a bridleway, bear right on the track heading downhill between hedges. Ignore the fork off to the right and continue descending.

## 9: Lower Sawpit

**Coordinates:** OSGB TL08521401 LatLon 51.8142,-.4270

When you near a road, take the bridleway left (marked to Trowley Bottom) and after 20m take the footpath half-right across a field (FP26 marked to St Leonards Church). Turn half-right again across the second field, climbing uphill towards a hedge line. Continue in the same direction with the hedge on your left. When you reach a house fence, walk along the fence of the first house before turning left between garden fences. Turn right when you reach a street (Pie Gardens), then left at a T junction. This soon turns right and brings you to the East end of the Churchyard.

