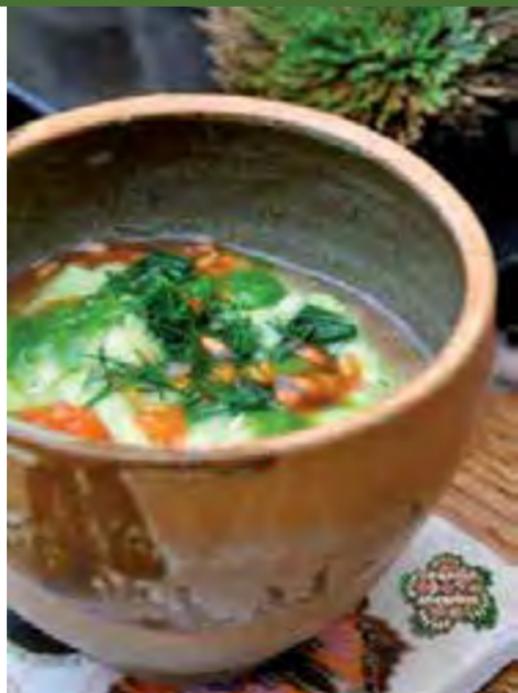


Discover local produce being created,  
used and sold in the town & villages

# Chesham

FOOD TRAIL



WALKERS ARE WELCOME  
CHESHAM



## VILLAGE TRAIL 1: RIDGES

To the west of Chesham are a number of parallel valleys which offer delightful views of the rolling Chiltern countryside. This walk takes in all of this as well as three of the local food producers.

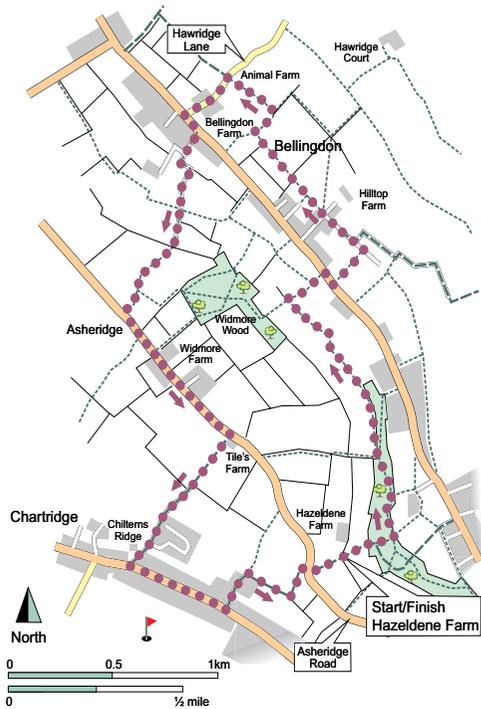
**START:** Hazeldene Farm, Asheridge Road, Chesham HP5 2XD.

**Please park as directed. The walk starts at the end of the farm access road as it turns left towards the buildings.**

**DISTANCE:** 4.5 miles with 100m of climb.

**TERRAIN:** A moderate walk on paths and lanes. Muddy when wet.

**MAPS:** OS Explorer 181 and Chiltern Society 8.



Take the bridleway and walk uphill into Captains Wood. Just inside there is a junction of paths.

Go straight ahead all the way up to a wide path at the top.

Turn left and follow it for over 400m to emerge at the top of a field. Do not descend but continue along the top for a further half mile.

Look for a gap in the hedge and take the footpath past a paddock. Go through a gate and straight on to Asheridge Road.

Turn right along it and take the path on the left just past The Old Croft. At the end, go through a gate and turn left. This path then joins a byway and where that bends to the left, continue forward through a gate into a field. Keep straight ahead through a further gate and then follow the path round to the right to meet the next metal gate. Go through and turn immediately left. Follow the hedgerow through two more gates to Hawridge Lane.

On the right is **Animal Farm**.

Turn left along the lane to the road. Cross, turn left along the verge and then right into Two Gates Lane. After 100m bear left and follow the lane as it bends left and then right. Continue on for around 300m and where it turns sharply left continue straight ahead. Go over a stile and then up the slope to a lane.

Turn left past the Blue Ball pub and after nearly half a mile; turn right on a path in front of The Old Forge Barn. Follow this path as it descends and climbs up to join Old Sax Lane. On the left are the premises of **Chiltern Ridge Apple Juice**. Continue on up to a road.

Cross with great care, turn left along the pavement for 500m and then cross back again into Buslins Lane. Follow it all the way down to a lane and cross to **Hazeldene Farm**.

## VILLAGE TRAIL 2: RIVER CHESS

The Chess Valley has some of the most attractive countryside in the Chilterns Area of Outstanding Natural Beauty. This is a landscape rich in wildlife, with a long and fascinating history. Watercress is one of the oldest green vegetables known to man and this walk takes in the last remaining producer of what was once a major local industry.

**START:** Chalfont & Latimer Station or Westwood Car Park, Chenies Avenue, Little Chalfont HP6 6PP.

**DISTANCE:** 5 miles with 100m of climb.

**TERRAIN:** A moderate walk on paths and lanes. Muddy when wet.

**MAPS:** OS Explorer 172 and Chiltern Society 5 and 6.

### FROM CHALFONT & LATIMER STATION

From the station ticket hall, cross the access road and go down the steps to Bedford Avenue. Turn left for around 100 metres and then first right up Chenies Avenue. At the junction with Elizabeth Avenue go straight across, walk all the way the way to the end and then take the path on the right into the woods.

### FROM WESTWOOD PARK

Return to the entrance on Chenies Avenue, turn right walk to the end and then take the path on the right into the woods.

1. Bear half right, cross over a bridleway and through a barrier. There are two paths ahead, take the left hand one down to a wide track. Turn right and almost immediately left and follow this down to

go through a gate. Turn left and follow the fence to a gate at the road. Cross it and go through the gate the other side. Cross the field, through the next gate and along the driveway. Go over the bridge and turn immediately right through a gate.

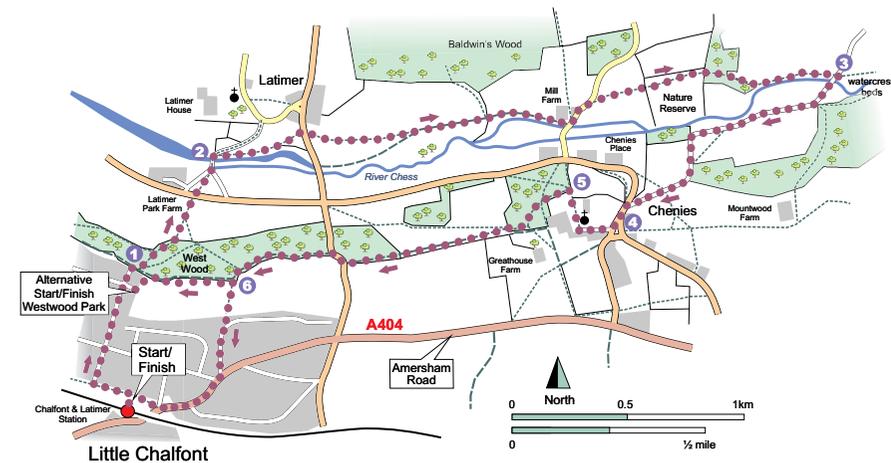
2. This path runs parallel to the lake and then bears half left to a gate and a road. Cross to follow the Chess Valley Walk and the River Chess for nearly 1.5 miles. About half way along the path emerges onto a lane. Turn left up it and then right through a gate. The next section passes Frogmore Meadow Nature Reserve and then reaches **E Tyler & Sons Watercress** near Sarratt Bottom.

3. From the entrance to the beds bear right and use the bridge to cross the river. Follow the lane all the way up to Chenies village. Taking great care, cross the road and walk up to the village green.

4. Turn right up the up the driveway to the gates of Chenies Manor. Here, turn right down the path between the walls of the Manor and the church into a wood.

5. At a junction of paths, turn left and keep to the edge of the manor to go through a gate and exit the wood. Go straight ahead on a wide bridleway, taking in the wonderful views over the Chess valley below. Stay on the bridleway to meet a lane. Turn right and where it bends to the right keep straight ahead on the next bridleway. Ignore all paths down to the right and stay ahead for around a ¼ mile. Where the track rises up to the left and then bends right, keep straight ahead to enter a sports field.

6. For the car park, bear right along the right hand edge. For Chalfont & Latimer Station, keep straight ahead on the left hand edge to exit the field into Chessfield Park and onwards to the main road. Turn right to return to the station.



## VILLAGE TRAIL 3: ASHLEY GREEN

A lovely gentle walk through outstanding woodland and along a quiet lane. On the way there is a visit to Johns Lane Farm Shop.

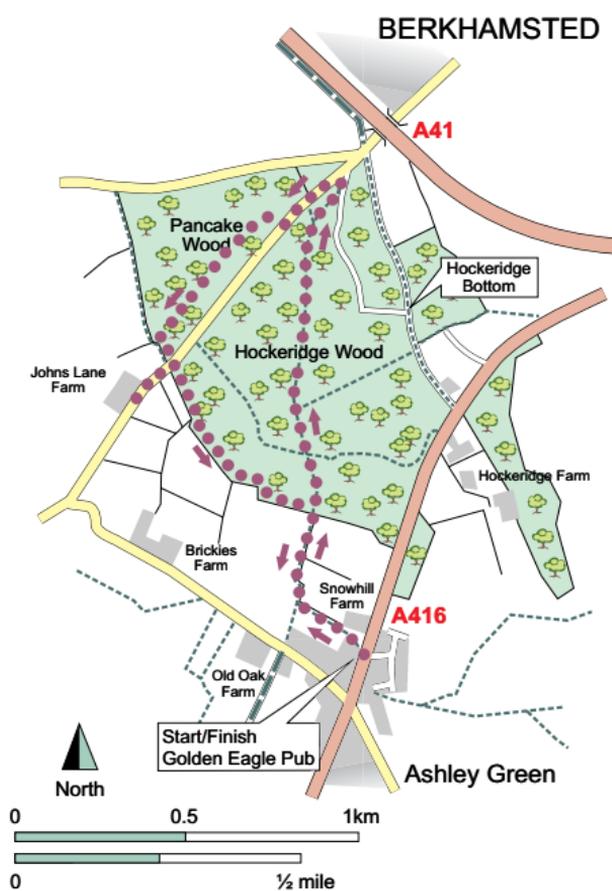
**START:** The Golden Eagle, Chesham Road, Ashley Green HP5 3PW. The landlord has given permission to park at the far end of the car park. They would be delighted to offer you refreshments.

**DISTANCE:** 2.3 miles

**TERRAIN:** Easy walking on paths and lanes.

**MAPS:** OS Explorer 181 and Chiltern Society 17.

Hockeridge and Pancake Woods are owned by The Royal Forestry Society [www.rfs.org.uk](http://www.rfs.org.uk)



Go through the gate at the rear of the car park. Go straight ahead to exit the field through a gate at the top right hand corner. Turn right and follow the field edge all the way to the next gate at the entrance to Hockeridge Wood. Take the path ahead up through the wood. Stay on it, ignoring all paths to left and right, for over half a mile to reach a lane. Turn left up it and near the top turn right up steps to enter Pancake Wood. Take the first major track on the left and follow it and the electricity cables all the way to the end of the wood. Turn left and take the almost hidden path at the edge of the wood to cross a stile and back onto the lane. Turn right along it to **Johns Lane Farm**. Return along the lane and take the first stile on the right back into Hockeridge Wood. Follow the path as it runs along the edge of the wood all the way to the original entry gate. Go through and retrace the route back to the **Golden Eagle**.



Download the walks and maps at

[http://www.chesham.gov.uk/Walks/Local\\_Chesham\\_Walks.aspx](http://www.chesham.gov.uk/Walks/Local_Chesham_Walks.aspx)

# Chesham

## FOOD TRAIL

### TOWN CENTRE

#### 1 Sophie's Chocolates

3/4 The Gate House, Elgiva Lane, Chesham HP5 2JD  
Tel: 01494 782999 <http://sophies-chocolates.com>



**Open: Monday to Friday 10am to 5pm and Saturday 9.30am to 5pm**

Sophie Webb, owner of Sophie's chocolates and cakes, started her training by working for top Swiss chocolatiers Lessiters, and high class patisserie chefs. She then went on to establish her own business in 1988. She now makes handmade chocolates on the premises, seasonal chocolate figures, celebration/wedding cakes and favours, all using only the finest ingredients

#### 2 Gerry Martins Master Butcher

46 High Street, Chesham HP5 1EP Tel: 01494 773580



**Open: Monday to Saturday 8.30am to 5.30pm**

A friendly butcher offering a quality selection of locally produced lamb and pork, homemade sausages and pies and English and Scottish beef. In 2011 Gerry first produced the locally famous Chesham Sausage.

#### 3 Healthright

27 High Street, Chesham HP5 1BG  
Tel: 01494 771267 [www.healthright.co.uk](http://www.healthright.co.uk)



**Open: Monday to Saturday 9am to 5.30pm**

Healthright is owned by Tessa and Roger Oliver. The store has been supplying Chesham with wholefoods and natural health products for over 25 years.

Alongside their nutritional supplements and herbal and homeopathic remedies, they stock a range of local produce which includes honey, rapeseed oil, apple juice, cereals and sparkling cabbage.

#### 4 Darvells' and Sons Bakery

28-30 High Street, Chesham HP5 1EP  
Tel: 01494 774974 <http://darvellandsons.co.uk>

**Open: Monday to Friday 8am to 5pm and Saturday 8.30am to 4pm**



A traditional family-run business that has been making bread in Chesham for over 175 years. You can buy hand-crafted bread, rolls and pastries served fresh from the oven. They make delicious sandwiches and filled rolls to order and offer a hot take-away lunch option every day. They also sell a range of locally sourced and produced items such as honey, jams, pickles, preserves and free range eggs.

#### 5 The Drawingroom

Francis Yard, East Street, Chesham HP5 1DG  
Tel: 01494 791691 [www.the-drawingroom.co.uk](http://www.the-drawingroom.co.uk)

Facebook: The Drawingroom Music Venue

Twitter: drawingroomrich



**Open: Tuesday to Friday 10am to 10pm, Saturday 9am to 11pm, Sunday 10am to 5pm**

Visit this quirky, unique art café, serving traditional homemade tearoom foods, loose-leaf teas, coffees, hot chocolates, mostly organic/Fairtrade products with gluten-free homemade cakes, hot and cold mezze dishes from around the world. These use locally produced sausages, hand-reared chickens, apple juice, eggs, sauces, marmalade, chutneys and jellies. The café is licensed to serve alcohol and holds regular live music gigs.

#### 6 Brazil's Café

17 Market Square, Chesham HP5 1HG Tel: 01494 793377



**Open: Monday to Saturday 8.30am to 4pm**

Gello, Ola and their chef Mietek would like to offer you a selection of their freshly prepared hot and cold dishes, sandwiches and drinks. A recent quote said

'The service is friendly and professional always with a smile. The food is fresh and high quality, and includes some local produce. The cakes are obscenely delicious. Brazil's has a friendly, happy atmosphere that makes it a pleasure to visit'.

#### 7 Raw Food Chesham

The Bagnall Centre for Integrated Healthcare,  
71-79 Waterside, Chesham HP5 1PE Tel: 01494 791288  
<http://rawfoodchesham.com> Facebook: RawFoodChesham



Kirsty Wright runs raw food cuisine classes regularly at The Bagnall Centre. She is a fan of foraging for greens and likes to include weeds such as nettles, dandelion leaves and many other free foods found

locally in the beautiful Chiltern countryside into her diet. Please contact her for further information.

#### 8 Croft Meadow Farm

Amersham Road, Chesham HP5 1NE  
Tel: 01494 776214 / 07951 220906

**Open: Saturdays 9.30am to 4pm and Sundays 11am to 4.30pm**



Diane and Rod Randall sell free-range chicken and duck eggs from an honesty box at the front of their smallholding. They also take orders for free-range pork and lamb. Keep an eye out for their sausage days!

#### 9 Auberge du Chocolat

Unit 28 Chess Business Park, Moor Rd, Chesham HP5 1SD  
Tel: 01494 774179 [www.aubergechocolat.co.uk](http://www.aubergechocolat.co.uk)



**Open: Tuesday to Friday 9am to 6pm**

Auberge du Chocolat is a unique artisan family business with a passion for chocolate, ice cream and fudge. Their award-winning, handmade chocolates, models and figures are created from Fairtrade or ethically traded chocolate. They also produce handmade and Fairtrade fudge and ice cream. They hold workshops and parties for both children and adults, as well as corporate events.

### BEYOND THE CENTRE

#### Blackwell Farm



Blackwell Farm, Chesham HP5 1TN  
Tel: 01494 762190 Email: [farm@davidbriggs.com](mailto:farm@davidbriggs.com)

The farm produces boxed beef from their own pedigree Herefords. Available by appointment only.

#### Cupcakes Joy

4 Trapps Court, Trapps Lane, Chesham HP5 1NX  
Tel: 01494 258760 / 07931 892396 [www.cupcakesjoy.co.uk](http://www.cupcakesjoy.co.uk)



Homemade cakes made to order in Chesham. Mary Joy creates stunning and delicious cakes, cupcakes and novelty cakes for almost any occasion. She uses only the very best quality ingredients to not only taste delicious but to look stunning on a special occasion. Please give her a call to talk through your ideas.

#### Godden Butchers

Unit 1, Crown Business Estate, 178/180 Berkhamstead Road, Chesham HP5 3ET Tel: 01494 772997  
[www.goddenbutchers.co.uk](http://www.goddenbutchers.co.uk)



**Open: Monday to Friday 9am to 4pm and Saturday 9am to 12 noon**

A family business with more than 50 years of trading history, supplying high quality British meat and poultry, including local beef, lamb and game on a seasonal basis.

#### Chesham Community Orchard

Lowndes Park, Chesham HP5 2JE  
[www.CheshamCommunityOrchard.org](http://www.CheshamCommunityOrchard.org) (under construction)  
Facebook: CheshamCommunityOrchard  
Twitter: @cheshamorchard



In 2013, dozens of local residents gathered to plant the first phase of the first Chesham community orchard. It is intended to be a community space and future source of free food. The first crop is expected in the summer of 2015 so those passing can help themselves.

### VILLAGES

#### Animal Farm TRAIL 1

Hawridge Lane, Bellingdon Chesham  
HP5 2XX Tel: 01494 757232 / 07958 753469  
<http://janetanimalfarm.moonfruit.com>



A small farm producing a wide range of free range fresh and frozen meat. This includes wild boar, lamb, goat, poultry, sausages, bacon and gammon. Also available are chicken, goose, duck and bantam eggs. Fresh meat to order. All available by appointment only. The farm also offers a unique experience by running a mobile animal farm which comes to you.

#### Chiltern Ridge Apple Juice TRAIL 1

Chiltern Ridge, Old Sax Lane, Chartridge,  
Chesham HP5 2TB Tel: 01494 776 309  
[www.chilternridge.com](http://www.chilternridge.com) Facebook: Chiltern Ridge



Evert & Franca will press, pasteurise and bottle your apples into delicious juice. Alternatively you can purchase theirs. Chiltern Ridge also supply freezer-ready seasonal lamb, chicken and pork, pure bred and hybrid poultry and free range eggs. They offer B&B accommodation and have an annexe for short term let. To purchase produce they have an honesty box by the house otherwise give them a call.

#### Hazeldene Farm TRAIL 1

Asheridge Road, Chesham HP5 2XD  
Tel: 01494 783501 [www.hazeldenefarm.com](http://www.hazeldenefarm.com)



**Open: Every day 10am to 4pm**

Liz and Steve rear native rare-breed stock to produce the high quality meat. Their shop stocks a range of local and organic vegetables, dairy products and groceries, including their own eggs and locally produced poultry. Visitors can look around the farm and meet the animals. While you are there, you can enjoy some refreshments in the tea room.

#### E Tyler & Sons Watercress TRAIL 2

The Watercress Beds, Moor Lane, Sarratt WD3 6BZ  
Tel: 01923 265842



**Open: Normally between Easter and November**

Watercress is one of the oldest green vegetables. The River Chess, with its clean mineral-rich spring water, is ideal for producing this wonderful superfood. Terry Tyler's family have been supplying watercress from these beds since 1886 and is now the last representative of a once major industry in the Chilterns. Please call in and buy a bag.

#### Johns Lane Farm TRAIL 3

Johns Lane, Ashley Green, Chesham HP5 3PT  
Tel: 01442 864366 [www.ashleygreen.org.uk/our\\_farm.html](http://www.ashleygreen.org.uk/our_farm.html)



**Open: Every day 8am to 6pm**

The farm is owned by Kevin and Brenda Fancourt. Their shop carries stocks of fresh farm eggs, milk, cream, yogurts and ice cream. They can also supply you homemade cakes, biscuits, desserts, preserves, apple juice, rapeseed oil, potatoes, vegetables and fresh oven ready chickens.

#### The Golden Eagle TRAIL 3

Chesham Road, Ashley Green HP5 3PW  
Tel: 01442 863549 [www.goldeneagleashleygreen.co.uk](http://www.goldeneagleashleygreen.co.uk)



**Open: Monday to Saturday 12 noon to 11.30pm**

**food 12 noon to 2.30pm and 6.30pm to 9.30pm**  
**Sundays 12 noon to 10pm, food 12.30pm to 3.30pm**

Helen and Ross welcome you to their traditional village pub-restaurant, serving cask marque ales. Food is freshly prepared and sourced locally where possible. There are log fires, two beer gardens and a large car park.



**CHESHAM is a historic market town lying within the boundaries of the Chilterns Area of Outstanding Natural Beauty. It also benefits from being part of the London Underground network.**



We want both locals and visitors to not only enjoy the town of Chesham and the wonderful Chiltern countryside around it, but also to sample some of the delights of the local food and drink. This leaflet contains four trails; one in the town and three in the surrounding countryside.

Chocolate and bread, the Chesham Sausage, local honey and many other surprises are to be found in town. In the countryside,

the visitor will find apple juice produced from local orchards, farm shops with food straight from the farm (just taste those fresh eggs) and watercress grown in spring water. We do hope that you come and explore the trails to find what there is to sample and to meet the producers. They are all there for the finding.

## Chesham General Market

High Street, Chesham 9am to 4 pm Wednesdays and Saturdays

The general market is operated by Amersham & Chesham Markets Co-operative on behalf of Chiltern District Council. There are a variety of food related goods on offer, including meat, fish, fruit & vegetables, bread, cakes and hot food.

## Local Produce Market

Market Square, Chesham HP5 1HG Tel: 01494 583798  
[www.facebook.com/CheshamLocalProduceMarket](http://www.facebook.com/CheshamLocalProduceMarket)

10am to 2pm every fourth Saturday of the month

Our local produce market has been voted the greenest in the UK by the National Market Traders Federation. It is organised by the town council and Transition Town Chesham, to support local producers and to reduce the food miles consumed by Chesham's residents to help create a more sustainable community. Produce on sale includes pork, beef, poultry, eggs, vegetables, seasonal fruit, chilli sauces, curry sauces, chutneys, cakes, jam, cupcakes, honey, oils, and more.

Sponsored by:

