

Walk 7 - The Chequers Valley

Distance:

About 2¾ miles (4.5km)
- allow 1½ hours

MODERATE walk into the Chequers Valley from the attractive hamlet of Cadmore End through mixed woodland and open farmland.

Start/Finish †
St Mary-le-Moor Church,
Cadmore End

1 With your back to church gate, turn right and follow sign-posted bridlway to left of 'South Fields' and, on reaching 'The Pound' (a small pond), bear left down wide track and into Hanger Wood. Note badger diggings on your right.

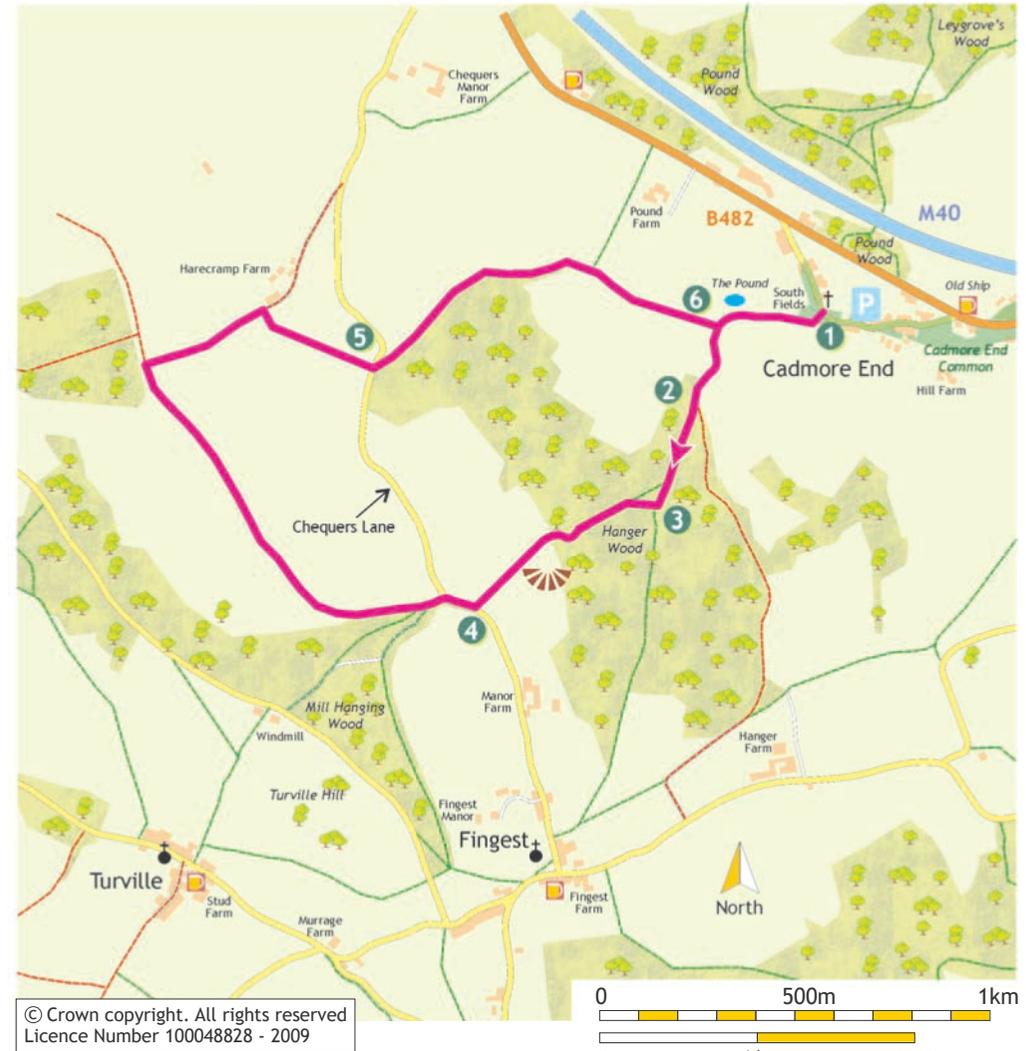
2 At 'Y' junction, on entering the wood, take right path - uphill and along for 200m to a footpath on the right.

3 Take the path on the right, climb up the slope and along this well sign-posted track ignoring all left and right turnings. Follow the path as it descends to a gate at the edge of the wood. Go through the gate, go past a stile and walk straight down the edge of the field to the bottom. The path then passes

through a series of gates to a lane, Chequers Lane. It might be worth scanning the surrounding fields for a herd of deer.

4 Turn right and then left onto wide sign-posted track by some metal gates. Just before field gate, bear right into copse and onto narrow bridlway. This valley bridlway/path can be very muddy in parts though, at beginning and end, it is possible to walk on right 'verge' with relative ease. The copse soon ends and bridlway/path continues with fields on either side. On reaching a wide crossing track, turn right and walk gently upwards towards 'Harecramp Farm'. Just before the farm building, cross stile to right then diagonally over open field to further stile and onto a lane.

5 Bear right over and take bridlway with fence-line immediately to your left. Follow white arrows as path gradually ascends (finally quite steeply!) before finally



turning right into field. Keeping hedge to your right, continue straight on until reaching 'T' junction at 'The Pound' again.

6 Turn left and retrace steps to church.

